



# MBS PUBLIC SCHOOL

*(Under the aegis of Maha Bodhi Society of India)*

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**Affiliated to Central Board of Secondary Education, New Delhi**

CBSE Affiliation No. 1530130, School No. 15411

## **AN APPEAL TO DEAREST STUDENTS & REVERED PARENTS OF MBS PUBLIC SCHOOL**

Dearest Students & revered Parents Please note that Summer Vacation has started as per Govt. Of Odisha notification. However the on line classes will continue up to 4 May 2024. From 6 May 2024 to 17 June 2024 the school will remain closed for Summer Vacation. In case of class X & XII the online classes will continue till 18 May 2024.

### **A FEW TIPS FOR STUDENTS**

During these days I would appeal all my dearest Students to share the responsibilities of your father & mother by helping them doing the household chores. Make your beds, wash your clothes, iron them, and arrange your bookshelf. Sweep your courtyards, front & backyard to keep the environment neat & clean. Children from class X to XII can even help their mothers in kitchen with proper precaution, under the watchful eyes & guidance of parents. This will make you understand the quantum of work they do for your benefit & comfort. You will realize when we do our work & share others work, we do feel the real pleasure & happiness in our life.

\*If possible develop a kitchen garden, plant some saplings, water them, take care of them, use organic manure which you can get from the waste materials of vegetables peels that you throw away in dustbin.

\*It is said, "All work no play makes Jack a dull boy". Therefore you should also take care of your body. Get up early in the morning, finish your ablutions & go with your parents for a jogging or morning walk to a park or an open space. Breathe in pure Oxygen from atmosphere. Do some light exercises. It will keep you fit & fine, free from stress & strain.

\*Read newspaper, magazine, a novel or a fiction, Indian classics, learn any language you like. First learn your mother tongue then any other language.

\*An important thing that one should remember - "Beat the heat by learning Swimming, eating cucumber, Watermelon & fruits with water contents, use caps, goggles, helmet while cycling or driving in case you go out of house /homes in emergency. Do not go out of your home after 10:30 am. Follow the guidelines (SOP)/warning issued by Govt. of Odisha, SRC & electronics media from time to time.

## **MOBILE FASTING**

Each one of you must refrain yourself from using mobile during these 43 days. Initially you will feel a little problem but if you remain steadfast you will overcome it. Use mobile sparingly for productive use. But excess of everything is bad. So make a promise that to start with weekly three days you will not touch mobile rather you will switch it off.

Every Sunday must be a mobile fasting day.

\*In the end I would appeal to you all to take up this project "EACH ONE TEACH ONE, EACH ONE PLANT ONE".

## **A NOTE TO REVERED PARENT**

\*All of us know the hazards of changing time with influx of social media, electronics devices especially mobile phones. It has changed the life style of each and every individual. It has made more harm than good to life. Rather it has become an addiction for all of us. To save our future generation from the bad influence of monster called mobile we must preach what we practice - "Let's refrain ourselves one day from using mobile". - Let it be Sunday to begin with.

- 1) Let us give our valuable time to our children.
- 2) Let us eat together at home, go for a stroll with our children, tell them stories from Indian classics, visit their grandparents (if they stay in a Village, show them monuments which speaks a lot about our culture, tradition, dress, food habits, valour of our ancestors.
- 3) Let's be the best friends to our children during their adolescent period. So that they can share their feelings with you freely & frankly.
- 4) Let's be open minded in dealing with our kids. The curiosity of the child must not be curbed. We must honestly share; explain everything to the child for his /her betterment. Let's be a counsellor rather than rigid parent.
- 5) Another important aspect is that let them persue their own choice/career in their life. We should act as a guide & suggest the pros. & Cons. about it. We must not force our choice on them; otherwise it will be a catastrophic. They must have the independence to choose their own career option according to their ability, knowledge, skill, competencies & liking which will provide them happiness in life. Last but not the least let's join our hands together to help them to become good human beings in their life by inculcating the habits of honesty, punctuality, sincerity, obedience, kindness, sharing & caring attitude for each other. Let's follow the gospel of Gautama Buddha in our life. Happy Holidays to you all.

  
PRINCIPAL

Principal

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